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2007 Update!

Sandy now has 7 talks available to parents...

- ❑ **"*Getting Out Of The Spin Cycle*"** — This is Sandy's introductory seminar. She begins with reasons that "old style" parenting techniques do not work, and then replaces spanking/yelling/threatening/bribing with three infallible ways of getting children to mind without anger.
- ❑ **"*Sowing The Seeds Of Self-Esteem*"** — Originally designed to be a part of a series of three talks (A through C) for school districts, this talk is not dependent upon other talks. Sowing the Seeds of self-esteem is focused on specific ways to enhance your child's self-esteem.

Based on Sandy's 8- year research program, Project Self-Esteem, parents are taught how to teach their children to make wise choices and how to get out of difficult situations. Parents learn how to work with a child in a way that does not harm his/her self-esteem. This seminar includes a training in her powerful discipline system where children mind without any need for anger; and they are not resentful of the system because it is consistent and fair.

- ❑ **"*The Three R's Of Parenting; How To Raise Reliable, Respectful, Responsible Children*"** — Originally designed to be a part of a series of three talks (A through C) for school districts, this talk is not dependent upon other talks. Children and adults who do not defuse their stored up anger become volcanic and thus unable to make wise choices. Understanding the dynamics of anger, learning techniques for defusing anger and ways to defend oneself against incoming anger are included in this dynamic, informative parenting seminar.
- ❑ **NEW! "*Stop Feeding Your Dragon*"** — Based on Sandy's new book, *Don't Feed the Dragon*, this talk includes Sandy's discipline system plus a host of specific solutions for the problems that most often plague today's parent.
- ❑ **"*Out Of The Frying Pan Into The Fire*"** — Parenting skills for single parents. Since over 50% of our parents are experiencing single parenting, it is imperative that we assist them with this job. Sandy raised three children as a single parent.
- ❑ **"*Transition To Middle School Class*"** — This seminar is designed for parents and their 5th or 6th grade student. It an hour and a half survival skills class based on Sandy's research in co-authoring Project Self-Esteem. Since there is an individual family charge, there is no cost to the school. Flyer sent upon request.
- ❑ **"*Making Good Choices*"** — This seminar is taken from Sandy's transition class. In this seminar she teaches parents and their children choice making skills for their survival and life enhancement. Targeted at fourth through eighth graders. Flat fee to school or church – or – parents pay an individual fee so there is no cost to the school. Request a flyer.