

“You are helping families to create functional homes where sane parents raise Reliable, Responsible, Respectful children. Your discipline system is easy to use and works so quickly it will boggle parents’ minds!” *Cindy Anderson, CA mother of quads*



Sandy Spurgeon McDaniel comes from a family of do-ers: her great-grandfather, William H. Spurgeon founded the city of Santa Ana, California. Her father, W.H. Spurgeon III, is the father of the Special Interest Exploring program for the Boy Scouts of America. Sandy co-founded an internationally-used program, Project Self-Esteem.

Sandy is an international speaker/parenting coach on parenting and self-esteem. She writes a successful weekly “Parenting Solutions” column for the *Orange County Register*. She has 47 years of research and training in child behavior including being a classroom teacher. Sandy has a laser ability to quickly and clearly solve the daily problems that plague today’s parents.

“This book has invaluable information. It’s so rich with practical tools that enable parents to raise confident children.” *Suzan Aldimassi, M.S.,MFT*

“Her simple method can be used by anyone who works with children. Sandy’s discipline system doesn’t just penalize bad behavior. It encourages understanding, growth, and change through choice for children of all ages. I highly recommend this book for all people who come in contact with children.” *Cheryl M. Svensson, Ph.D., Sweden and the USA*

“Congratulations, Mom. The world is a better place because of you.”
Kathleen McDaniel Peterson

Don't Feed the Dragon!

A book for parents of tots thru teens



A revolutionary discipline system empowering parents to teach their children how to make better choices

by

Sandy Spurgeon McDaniel